

Modest Appearance

We will demonstrate the Scriptural Principle of modesty (reserve, humility). Modesty is an inner spiritual grace that withdraws from anything inappropriate and impure. *It is chaste in thought and conduct, and is free of crudeness and indecency in dress and behaviour* (**Ephesians 4:25,29,31, Philippians 4:8; 1Timothy 2:9,10**).

The admonition of Scripture, “*Be not Conformed to this world,*” (**Romans 12:2**) reminds us that our manner of dress must be modest and decent. Women should not use dress that expose their body parts. Therefore, modesty includes our appearance, the way we dress, we speech, and the way we conduct our lives in a manner that will enhance our Christian testimony. It is not displeasing to God for us to dress well and be well groomed. All we must seek spiritual beauty, which does not come from elaborate, showy dress; extravagant, costly attire or an outward adornment with jewellery, expensive clothes, or cosmetics, but from good works, chaste conversation, and a meek and quiet spirit (**1Timothy 2: 9-10; 1 Peter 3:3-5**).

Pride, Elaborateness, Sensuality: As godly people we are to abstain from all lusts of the flesh and avoid dressing in a manner that encourages immoral thoughts, attitudes, and lifestyles. External adornment, whether clothing or jewellery, as an outward display of personal worth, is contrary to a spiritual attitude (**James 2:1-4; 1John 2:15-17**)).